

Watermillock (local event) Saturday 12th October 2019

Terrain Notes

Open fellside, with contour features forming the main orienteering interest. Tussocky and often wet underfoot, but otherwise fast running, with limited patches of bracken, mostly only knee high. Some super views of Ullswater if the cloud isn't down and you have time to look up from your map!

Mapping Notes

- There are lots of unmapped trods and quad bike tracks.
- The few trees are not mapped.
- Bracken screen is reasonably accurate.
- Some knolls are mapped brown but many of these are rocky.

Courses

Green 4.6km 280m climb (experienced orienteers)
Short green 2.8km 170m climb (experienced orienteers)
Orange 2.5km 135m climb (intermediate and beginner orienteers, there will be a couple of short sections with tapes which may be followed to assist with navigation)

Adults £4

Children £2

Registration 1100-1200

Courses close 1345

Event location: registration and download

At Dockray, just inside the fell gate at NY392214 [*tbc, if not, 100m east by the A5091*]. The event will be signposted only from the A5091 at Dockray as there are a number of advised parking locations and this means all competitors will approach registration and download on foot.

Parking

There is extremely limited parking. **Please arrange to car share with as many people as possible per car.** If you need to find people to car share with, put a request/seek others on the Border Liners Facebook page. There is tremendous potential to upset locals by not parking considerately, so please only use one of the parking options below, all of which are also open to the general public:

Location	Approx number of spaces	Charges	Approx. distance to registration and start	Advised route from location to registration and start
NY396211, National Trust car park in quarry (Suggested first preference for parking)	30	Free for National Trust members. £4.50 up to 2 hrs. £6 up to 4 hrs.	500m, 10 mins walk	Along A5091. Under 16s should be accompanied. The best side of the road to walk for visibility to traffic is not always facing oncoming traffic. Busy road with poor visibility so please walk with due care.
NY393215	5	Free	100m	Cross road with care; blind bend.

NY394223, Watermillock Church	2 by church gate, 2 on verge on lane directly to SE of church	Free	1km, 20 mins	Surfaced path to W side of A5091 for whole way.
NY393224, layby to W side of A5091	5	Free	1km, 20 mins	Surfaced path to W side of A5091 for whole way.

Toilets/Refreshments

Toilets and a cafe available at National Trust Aira Force car park NY401200, approx. 2km south of event registration. The Royal Inn at Dockray is on the A5091 200m north of registration/download.

First Aid/Medical

At registration and download. If you have a medical condition which you think the organiser should be made aware of, please contact in advance or inform at registration: berryisabel@yahoo.co.uk The risk assessment will be held at registration/download.

Start/Finish/Clothing Dump

Start and finish are both within 150m of registration/download and kit/clothing can be left at registration/download at your own risk.

Whistles and Clothing

It is strongly recommended that competitors carry a whistle. The event is in October and on an exposed area. In wind and/or rain, competitors are strongly advised to wear a waterproof jacket and other warm clothing.

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